THE PLATEAU

OCTOBER | 2025





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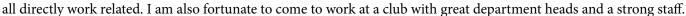
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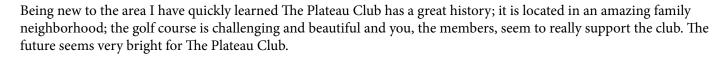
A LETTER FROM JEFF KEELER

Hello Plateau Club members,

My name is Jeff Keeler and I am the new General Manager at The Plateau Club. I started mid-September and have appreciated the warm greetings you all have shown me. If I have not met you yet, please take a moment and stop by to say hello!

Quickly about me: I was born in NJ, raised in Atlanta, GA. I am a Georgia State University alumnus. I am proud to be a Certified Club Manager, Class A PGA golf professional, an Elite USPTA tennis professional as well as being a Certified Sommelier. I feel very fortunate that my passions are





Moving forward I want to get to know as many of you all as I can, I want to work with the team and become an asset to each of them. Very soon we will begin to work on the 2026 Calendar. We will make sure we have a vibrant calendar full of events, tournaments, dinners and activities that will interest our diverse club membership.

Again, I am proud to be a part of the team and do all I can to be an asset to the club.

Best regards,

Jeff Keeler General Manager



A NOTE FROM CINDY

With the end of the year approaching, Plateau Club members have an opportunity to express their appreciation to the club's staff through a 2025 Appreciation Gift Fund. This year, we will be billing a small fee of \$25.00 to your membership account in the month of November. And, of course, if you would like to add more to the Appreciation Fund, please email me.

I will personally administer the fund to ensure all staff is appropriately included. The contributions are optional, of course. If you want to opt out, please email me at cindyr@plateauclub.com by November 27. Contributions for employees will be distributed on December 13.



On behalf of the entire staff at The Plateau Club, we would like to express a heartfelt "thank you" for your generosity.

Cindy Riley Office Manager

GOLF



Words From The Shop

As we soak up these last sunny days of the season, I'd like to take a moment to celebrate what's already been a fantastic stretch of golf and to look ahead at what's still to come. The course has been in great condition, and it's been wonderful seeing so many members out enjoying it.

A big congratulations to our 2025 Club Champions!

Men's Gross Champion: Jim Cangiano Men's Net Champion: Scott Callan

Ladies Gross Champion: Meaghan Rodgers **Ladies Net Champion:** Gigi Predmore



Well played to all—it was a great day of competition. Enjoy those new parking spots Jim & Meaghan!

Looking ahead, we've got some fun events on the calendar:

Couples Championship – October 5th **Starlight Scramble (Glow Ball)** – October 24th

Keep an eye out for more details and sign-up information soon.

With the end of the season in sight, this is your first reminder that credit book funds will expire at the end of the year. If you'd like to place a special order for something we don't currently have in the shop, please let us know so we can ensure it gets here in time.

If you have any suggestions for merchandise you'd like to see in the shop next year, please reach out to me directly. I'll be starting the ordering process for the upcoming season soon and would love to hear your input! Let's keep enjoying the sunshine while we can, and we look forward to seeing you out on the course!

Kevin Cohrs
Head Golf Professional

KEEPER OF THE GREENS

Greetings!

I hope everyone had a great summer because as of the 22nd, Fall has officially begun. The course has been enjoying the cooler weather we've been having, as you can see some of the color returning to the spots out there that were struggling from the summer stress. With the change of season comes everyone's favorite course maintenance practice, the necessary evil of aerification. While the interruption to play and temporary sandy and bumpy greens can be frustrating to



any golfer, it is an important management practice to produce a healthy and high quality putting surface.

Over the course of a season, the frequent traffic on the greens from being frequently walked on and from maintenance equipment will cause compaction of the soil. Relieving this compaction will help the turf produce longer and more dense roots, which will improve the plants overall health. Aerification will also help to dilute the thatch layer in the putting surface. Thatch is the accumulation of dead and living organic matter, mostly stems, roots, and other plant debris, which will inhibit water, air, and nutrients from getting down into the root zone.

My goal will always be to provide the best possible putting surface for you all to enjoy and I appreciate your patience and understanding during this process. The weather forecast looks good for continued growth and I anticipate a speedy recovery. Thanks again and I look forward to seeing you all out and playing.

Thomas Wallick Superintendent

GOLF 6PM SATURDAY,

OCTOBER 24











Anthony's Corner

What a beautiful September it has been! We were lucky to enjoy such amazing weather, and it was wonderful to see so many of you out on the course, relaxing on the patio, and taking advantage of all the activities the Club has to offer. As we head into fall, we're looking forward to crisp days, festive gatherings, and all the fun traditions this season brings. We're especially excited to share our new menu with you and hope it will become a favorite among your fall dining experiences.



Be sure to enjoy our **Game Day menu on Sunday'** featuring fan favorites like:

- · Pigskin Classic Pork Belly Sliders
- · Huddle Up Parmesan Garlic Fries
- · Big Walt's Hot Chicken Sandwich
- · Touchdown Taquitos

- · Kick Off Biscuits & Gravy
- · Blondie Bites Sundae
- · \$1 Wing special (restrictions apply)

Looking ahead, please be sure to make a reservation for Friday Night Live if you'd like prime seating.

Upcoming Events:

- · 10/1 Jackpot Night Starts! Win up to \$500!
- 10/2 Poker Night: Join us for a fun evening of cards, camaraderie
- 10/3 Friday Night Live! Live music on the patio Featuring Lane Norberg, Make Reservations with Anthony
- · 10/5 Couples Championship
- · 10/10- New Menu Launch
- 10/16 Poker Night: Join us for a fun evening of cards, camaraderie
- 10/16 Blood Drive at the Club! Give the gift of life and join us in supporting our community.
- 10/17 Friday Night Live! Live music on the patio Featuring Owen Evans
- 10/24 Glow Golf! Nighttime fun on the course featuring illuminated golf balls
- 10/25 All Hallows Halloween Party! DJ, Dancing, Food and a Haunted House

Looking Ahead to November:

- 11/6 Jackpot Night Starts! Win up to \$500!
- 11/7 All Member Wine Mixer: Join us for a fun evening of wine and live music with Flowers with Wolves
- 11/8 Wine 101: Join us for a fun evening of wine with our GM Jeff Keeler
- \cdot 11/15 Chef's Table: Great food and company for an intimate experience.
- 11/21 Friday Night Live! Live music on the patio Featuring Owen Evans

Anthony Luna

Food & Beverage Manager



Drawing in the Alder Lounge at 7:00pm

We will be giving away \$500 in member credits! Must be present to win!

October Friday Night Live Lineup

Join us on the patio on Friday evenings and enjoy live music under the canopy!

Friday, October 3 | 6-8PM

Lane Norberg - Reserve with Anthony

Friday, October 17 | 6-8PM

Owen Evans





KEEP LIFE GOING. DONATE THIS SUMMER.



THE PLATEAU CLUB BLOOD DRIVE

Thursday, October 16th 11a-5p Join us in making a difference in the world. Your act of kindness could be the reason someone gets a second chance at life.

SIGN UP HERE!





KIDS PUMPKIN CARVING

\$35/PUMPKIN

RSVP

SATURDAY, OCTOBER 18









FACE PAINTING, A FUN HAUNTED HOUSE WALK, COSTUME PARTY, PHOTO BOOTH, LIVE DJ, AND A DINNER BUFFET!

ADULTS \$54.99, KIDS \$29.99



PLATEAU CLUB





RECREATION UPDATES

Hey everyone!

Fall is officially here at The Plateau Club—crisp mornings, colorful leaves, and the perfect mix of indoor and outdoor fun. September was packed with energy between IST swim team's starting back-up, swim lessons continuing, and early member fitness is staying strong. It is good to see all your member faces in the morning getting a good work out in. As we roll into October, the Rec Center is buzzing with fresh routines, fall vibes, and plenty of opportunities to stay active. Here's what's happening this month:



HOURS	Recreation Center	Lap Swim	Open Swim
Monday - Friday	6:00AM - 7:00PM	7:00AM - 11:00AM	XXX
Saturday - Sunday	9:00AM - 6:00PM	9:00AM - 11:00AM SUNDAYS ONLY	12PM-4PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Yoga 8AM-9AM		Yoga 8AM-9AM	

Please note that yoga classes are currently paused. We will notify you when they resume.

All classes are complimentary for members. Guests are welcome. Guest fee is \$15.00 per class.

Our summer season officially came to a close in September, and what a summer it was! A huge thank you to everyone who participated in camps, swim team, and Rec Center activities. Now, we're channeling that energy into fall programs—perfect for keeping momentum going.

Keep the Momentum Going with Fall Lessons!

Swimming isn't just for summer! Lessons continue this fall on a limited basis. Great for skill-building and staying active.

- Private Lessons: \$45 per 30-minute session
- Semi-Private Lessons: \$35 per 30-minute session (for kids with similar skill levels)

For info or scheduling: pcreccenter@plateauclub.com | 425.868.2139

RECREATION UPDATES

Facility Reminders

We love seeing so many members using the Rec Center daily! To keep things smooth:

- Please sign in when using the gym or attending a class.
- All guests and personal trainers must check in at the front desk.
- Heading to the courts? Tennis and pickleball players should check in before their scheduled or walk-on time.



IST in Full Swing

IST is back in action, keeping our pool open year-round. With lessons, training, and member access, the pool remains a hub of activity. Our lap swimmers, weekend families, and lesson participants are all benefitting from this great partnership. Pool temp: a cozy 84°.

Pickleball at The Plateau

Pickleball continues to be one of the fastest-growing activities at the Club! Courts are busy with both seasoned players and beginners just picking up a paddle. If you're looking to connect, our community group on the TeamReach app is the best place to find games. Search for Plateau and use code **098074** to join. Whether you're a regular player or brand new, there's always room for one more game!

October Vibes at Plateau Club

From fall fitness goals to family swim time, we're keeping things fun and active this season. Here is what is happening later this month with some festive fall happenings at the Club!

Pumpkin Carving - Oct 18th 11am -1pm in the clubhouse. Register via the Member Hub.

The cost for this event is per pumpkin @ \$35/each. Please, when registering, answer the question of the number of Pumpkins needed for each attendee.

All Hallows Halloween Party - Oct 25th 6pm-8pm. Register via the Member Hub.

From lap swimmers to yoga regulars, weekend splashers to court players—you're what makes our Rec community so special. Thanks for bringing the energy every month. Let's make October a strong, fun, and memorable one together!

See you around the Rec Center!

Christopher Williams

Recreation Center Manager

DRESS CODE

GOLF COURSE/PRACTICE FACILITY

Acceptable attire for men and male children 5 and older:

- Collared shirts with sleeves or golf course appropriate mock neck shirts, jackets & pullovers
- Golf appropriate slacks. Golf appropriate shorts no shorter than 4" above the knee
- Golf appropriate rain gear

Acceptable attire for women and female children 5 years and older:

- Sleeved and sleeveless tops with collars or golf course appropriate mock neck shirts, pullovers, and jackets
- Golf appropriate dresses, skirts, and shorts no shorter than 4" above the knee
- Golf appropriate slacks
- Golf appropriate rain gear

NOT acceptable attire for all members, guests, and children: No sweatpants, tracksuits, workout attire, tank tops, bathing suits, athletic shorts or shirts, tee shirts, or hats worn backwards.

CLUBHOUSE*

Acceptable attire for men, women, and children 5 and older:

- Collared shirts with sleeves or golf course appropriate mock neck shirts, jackets & pullovers
- Golf appropriate slacks. Golf appropriate shorts no shorter than 4" above the knee
- (Women) Sleeved and sleeveless tops with collars or golf course appropriate mock neck shirts, pullovers, and jackets
- (Women) Golf dresses, skirts, and shorts no shorter than 4" above the knee.
- Denim pants are free of rips and/or tears

NOT acceptable attire for all members, guests, and children: No sweatpants, tracksuits, workout attire, tank tops, bathing suits, athletic shorts or shirts, tee shirts, or hats worn backwards.

*some club events may have specific attire guidelines. Members will be informed of these as they occur.

FITNESS FACILITY

Appropriate workout attire is acceptable in the fitness facility. Shoes must be worn at all times.

SWIMMING POOL

Swim attire is strictly limited to the pool deck and locker rooms.

RECREATION CENTER CLUBHOUSE

All clubhouse, fitness facility, and golf course attire are acceptable in the Recreation Center Clubhouse. Shoes must be worn at all times.

TENNIS/PICKLEBALL

Appropriate tennis attire must be worn at all times.

Appropriate tennis shoes. NO dress or other style shoes that may leave marks on the courts are allowed. NO jeans are allowed on the courts.





at The Plateau Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Jackpot Night 7:00PM	Poker Night 5:30PM	Friday Night Live Lane Norberg 6:00PM	
			<u>Wine Wednesday</u> Happy Hour 3-5p	<u>Taco Night</u> Happy Hour 3-5p	<u>Pasta Night</u> Happy Hour 3-5p	Steak Night Happy Hour 3-5p
5	6	7	8	9	10	11
Couples Championship			Yoga 8am	PWGA Putting Event	New Menu Launch Yoga 8am	PMGA The Plateau Cup
<u>Family Night</u> Happy Hour 3-5p			<u>Wine Wednesday</u> Happy Hour 3-5p		Happy Hour 3-5p	Happy Hour 3-5p
12	13	14	Yoga 8am Senior Exchange hosting Rainier	Blood Drive 11:00AM Poker Night 5:30PM	Yoga 8am Friday Night Live Owen Evans 6:00PM	Kids Pumpkin Carving 11:00AM
<u>Family Night</u> Happy Hour 3-5p			<u>Wine Wednesday</u> Happy Hour 3-5p	Happy Hour 3-5p	Happy Hour 3-5p	Happy Hour 3-5p
19	20	21	22 Yoga 8am	23	24 Yoga 8am	25
Senior Exchange End of Season Event	<u>Oki Play Day</u>				Glow Golf Event 6:00PM	Haunted Hallows Party 6:00PM
<u>Family Night</u> Happy Hour 3-5p			<u>Wine Wednesday</u> Happy Hour 3-5p	Happy Hour 3-5p	Happy Hour 3-5p	Red Alder Closes at 3pm
26	27	28	29	30	31 HAPPY HAPPY	
<u>Family Night</u> Happy Hour 3-5p						







Follow us on Instagram and Facebook to get sneek peeks of upcoming events, dining specials, and more!









HOURS

GOLF

	GOLF SHOP	PRACTICE FACILITY
MONDAY	10am-6:30pm	10am-4pm
TUESDAY	7am-6:30pm	10am-6:30pm
WEDNESDAY - SUNDAY	7am-6:30pm	7am-6:30pm

RECREATION

	REC CENTER	LAP SWIM	OPEN SWIM
MONDAY - FRIDAY	6am-7pm	7am-11am	XXX
		Sunday Only:	
SATURDAY & SUNDAY	9am-6pm	9am-11am	12pm-4pm

RED ALDER

MONDAY - TUESDAY	CLOSED
WEDNESDAY - THURSDAY	12:00pm-8pm
FRIDAY - SATURDAY	12:00pm-9pm
SUNDAY	12:00pm-8pm

OTHER DINING

CROOKED STICK (FRIDAY - SUNDAY)	10am-5pm